

Registration Form

3rd Annual Frosty Mountain 50 km Ultra, 27 km and 13 km Trail Race, Saturday, Sep 18, 2010

Racer Information

Last Name		First Name	
Full Address			
Phone		Male/Female	
Age on race day		Shirt Size if before Sep 1	- unisex= - male/female =
Email (print)			
Comp entry?	<i>If you received a comp entry, indicate reason.</i>		

Entry Fees

Select One	Early Bird (until Jul. 1 st)	Regular (until Sep. 1 st)	Late (excl. Race Day)	Race Day	Amount Paid
<input type="checkbox"/> 13 km Lightning	\$35	\$40	\$45	\$50	
<input type="checkbox"/> 27 km Endurance	\$45	\$55	\$65	\$70	
<input type="checkbox"/> 50 km Ultra	\$55	\$65	\$75	\$80	

Restrictions

Entries are non-refundable.

Cheque Payable

Make cheque payable to: Gottfried Grosser

Waiver

WAIVER, RELEASE AND INDEMNIFICATION - As a participant in the Frosty Mountain Trail race, I agree to all rules and will comply with them. I am aware that this type of trail run and/or mountain bike may be extremely difficult and hazardous even for well-conditioned athletes under the most favourable conditions. I understand that I should not compete in this run and/or mountain bike unless I am in excellent physical condition, have trained adequately and have no medical condition that might be worsened by physical activity. Knowing these facts and in consideration of the acceptance of my application to participate in the Frosty Mountain Trail Race I hereby for myself, my heirs, executors and administrators waive, release and discharge Gottfried Grosser, Mountain Madness, officials, volunteers and all persons connected with this event from claims of liability, for any injuries to me (including but not limited to death). This release extends to all claims unforeseen, known or unknown. Further, I grant irrevocable permission to the Frosty Mountain Trail Race, and any media covering this year's race, and the authorized agents, contractors, and representatives of each, to use my name and likeness in any photographs, videotapes, motion pictures, recordings or any other records of my participation in this event for any purpose. Signed this _____(date) .

Signature (Runner) _____ Print name _____

Mailing Address

Mail this form to:
Gottfried Grosser
2263 Caledonia Ave
North Vancouver B.C., V7G 1T8